

SEPTEMBER 2022

Harlan Community School

BREAKFAST



This institution is an Equal Opportunity Provider.
Menu subject to change.
We have openings in the Food Service Department.
Please call 712-235-6319



September is National Biscuit Month. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Donuts
Juice
Fruit
Milk

Cereal
Fruit
Juice
Milk

**Labor Day
No School**

Cereal
Fruit
Juice
Milk

Breakfast bites
Fruit
Juice
Milk

Pancake on a stick
Fruit
Juice
Milk

Cereal
Fruit
Juice
Milk

Cereal
Fruit
Juice
Milk

Waffles/syrup
Fruit
Juice
Milk

Scrambled eggs
Fruit
Juice
Milk

Breakfast burrito
Fruit
Juice
Milk

Cereal
Milk
Juice
Milk

Cereal
Fruit
Juice
Milk

Omelet
Fruit
Juice
Milk

No School

Biscuits & gravy
Fruit
Juice
Milk

Cereal
Fruit
Juice
Milk

Cereal
Fruit
Juice
Milk

Bagel
Fruit
Juice
Milk

French toast sticks w/
Syrup
Fruit
Juice
Milk

Frudel
Fruit
Juice
Milk

Cereal
Fruit
Juice
Milk